



Perfecting Witness: Salt and Light Encounters

Mary & Martha: True Discipleship

Distracted or Attracted?

To become a strong witness for Jesus we must grow in faith and our knowledge of Him. However, we often become 'busy' with activities that are really distractions keeping us from the 'best' that God has for us.

A. The Problems with the *BUSY* Life

1. My Mind: ***Distracted*** :40
The Greek word for 'distracted' comes from two words meaning to 'draw around.' Or—to run around in circles. Serving the Lord is noble—but God desires 'affection' before 'service.' Service should flow from our love of Jesus.
2. My Heart: ***Worried*** :41
"Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof." *Mat 6:34 KJV*
3. My Emotions: ***Troubled/Bothered*** :41
The Greek word for "troubled" comes from a word that means to agitate, annoy or harass. Worry often turns outward into anger, agitation and judgmentalism.

B. The Joy of a Life of *FAITH*

1. Rest: ***Seated at the Lord's feet*** :39
Psa 37:7; Psa 127:2
2. Refresh: ***Listening to His Word*** :39
"Blessed is the man Who walks not in the counsel of the ungodly, nor stands in the path of sinners, nor sits in the seat of the scornful; But his delight is in the law of the LORD, and in His law he meditates day and night. He shall be like a tree planted by the rivers of water, that brings forth its fruit in its season, whose leaf also shall not wither; and whatever he does shall prosper." *Psalm 1:1-3*
3. Realign: ***Only one thing is necessary*** :42
Making course corrections: Missing Mars Josh 24:15
Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things. The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you. *Phil 4:8-9*

God regenerates us and puts us in contact with all his divine resources, but he cannot make us walk according to his will.

Oswald Chambers (1874–1917)

Luke 10:38-42

:38 Now it happened as they went that He entered a certain village; and a certain woman named Martha welcomed Him into her house.

:39 And she had a sister called Mary, who also sat at Jesus' feet and heard His word.

:40 But Martha was distracted with much serving, and she approached Him and said, "Lord, do You not care that my sister has left me to serve alone? Therefore tell her to help me."

:41 And Jesus answered and said to her, "Martha, Martha, you are worried and troubled about many things.

:42 But one thing is needed, and Mary has chosen that good part, which will not be taken away from her."

Psa 37:7 Rest in the LORD, and wait patiently for Him; do not fret [worry] because of him who prospers in his way, because of the man who brings wicked schemes to pass.

Psa 127:2 *It is vain* for you to rise up early, to sit up late, to eat the bread of sorrows; *for so He gives His beloved sleep*.

Phil 4:6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus