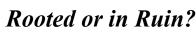
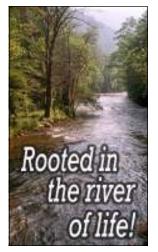
# Studies in the Book Of Psalms: Psalm 1





#### How's Your Root System?

"Blessed *is* the man who trusts in the LORD, and whose hope is the LORD. For he shall be like a *tree planted by the waters*, which spreads out its roots by the river, and will not fear when heat comes; But its leaf will be green, and will not be anxious in the year of drought, nor will cease from yielding fruit." *Jeremiah* 17:7-8

*Introduction:* The Psalmist, like Jesus (*Matt 5:3-10*), says that man is blessed (*happy*) by trusting God.

- **A. Planted like a tree!** 1:1-3 (Living in the Counsel of God) There are two aspects of being rooted in God
  - 1. The negative
    - a. *Walk* not.....counsel.....ungodly
      [This includes ungodly <u>believers</u> and/or <u>unbelievers</u>] *Walk: Become comfortable with the world (worldliness)*
    - b. *Stand* not....path....sinners

Stand: Agreeing with the ideas of the world

c. **Sit** not.....seat.....scornful

Sit: Adopt a secular worldview—philosophy of life

### **Trusting the Counsel of God**

**Ungodly Counsel**: <u>Pleasing others</u>. works-based, performance-driven. Responsibility on our resources. *Emphasis on change for the better*.

**Godly Counsel**: <u>Trusting God</u>. *Emphasis on maturity*! God is NOT interested in our attempts to change—He has already changed us. Godly counsel encourages maturity [growth] which is a process of trusting and walking with God.

## The Caterpillar!

2. The positive

The simile of the 'planted tree' is one of TRUSTING in God—our one and only source of counsel strength and power.

- a. Delight in the Law
- b. Meditate on the Word
- c. Rooted in the Word
- d. Fruit in season John 15:1
- e. Lasting influence (evergreen)
  "The grass withers, the flower fades, But the word of our God stands forever." *Isa 40:8*
- **B. Blowing in the wind!** 1:4-5 (Living in the Counsel of Man)
  - 1. Unlike being rooted and planted—the ungodly are blown away by anything that happens to come along.
  - 2. The 'blown' chaff can also be those who attend church and claim to be believers. Eph 4:14
  - 3. They will not share fellowship with believers in heaven

### Psalm 1

- \*\*1 Blessed is the man who walks not in the counsel of the ungodly, nor stands in the path of sinners, nor sits in the seat of the scornful:
- **:2** But his delight *is* in the law of the LORD, and in His law he meditates day and night.
- :3 He shall be like a tree planted by the rivers of water, that brings forth its fruit in its season, whose leaf also shall not wither; And whatever he does shall prosper.
- :4 The ungodly are not so, but are like the chaff which the wind drives away.
- :5 Therefore the ungodly shall not stand in the judgment, nor sinners in the congregation of the righteous.
- **:6** For the LORD knows the way of the righteous, but the way of the ungodly shall perish.

Rom 12:2 And do not be conformed to this world, <u>but be transformed by the renewing of your mind</u>, that you may prove what *is* that good and acceptable and perfect will of God.

**Heb 11:6** But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him.

**2Co 5:17** Therefore, if anyone is in Christ, <u>he is a new creation</u>; old things have passed away; behold, all things have become new.